

## Key Indicator - 7.2 Best Practices

<b>Metric No.</b>	
<b>7.2.1</b>	<b>Describe one best practice successfully implemented by the Institution as per NAAC format provided in the Manual.</b>
<b>QIM</b>	<b>Provide the web link on the Institutional website regarding the Best practices as per the prescribed format of NAAC.</b> <a href="https://dbatu.ac.in/health-care-center/">https://dbatu.ac.in/health-care-center/</a>

## Best Practices

### 1. Title of the Practice: Free Medical Health Checkup and Free Treatment at University's Health Care Centre

#### 2. Objectives of the Practice

- To provide emergency and primary health care to students, staff and faculty members of the University in the remote area.
- To create awareness regarding potential health hazards among the students, staff & nearby community people.
- To provide guidance & counseling by expert medical officers in the field of health fitness, personal hygiene and potential risks of negligence to hygienic living.
- To provide free medical check-up, free medicines and advice to the campus & community people in surrounding villages
- To enhance the fitness & health consciousness among the people of campus & community.

#### 3. The Context

The primary "Health Care Centre" (HCC) of Dr. Babasaheb Ambedkar Technological University was started as an initiative to provide primary health care to the students and staff members of the University. During 2018-19, all the facilities like medical check-up and medicines were made available free of cost to the students, staff and faculty members of the University. Later on this facility was extended to the daily wage workers and their families who are living in the nearby villages. Thus it is the uniqueness of this facility that everyone in the University campus and nearby area is benefitted.



#### 4. The Practice

The primary “Health Care Centre” (HCC) of the University provides free health checkup and medicines to everyone in the nearby community and even visitors also, had set a unique example in the area of higher educational institutes. Whenever any emergency arises or any unfortunate accident happens, the students get the urgent treatment as the University is located away from the city area. Blood donation camps as well as vaccination camps are also regularly arranged by the HCC. During the pandemic situation of COVID-19, University not only ran the HCC but also offered one huge hostel to work as COVID center.

#### 5. Evidence of Success

- The exam going students are under stress and become sick and HCC provided the timely help to them.
- Approximately Rs.5,00,000 are spent on the medicines provided to the students and University community.
- HCC is a 5 bedded hospital with provision of Oxygen cylinders and other instruments.
- During the Nisarg Cyclone and pandemic situation HCC proved a boon to the University community.

#### 6. Problems Encountered and Resources Required

- It is observed that a separate dedicated building for the hospital can provide more space.
- Specialized visiting doctors are not ready to come and visit patients.
- Blood investigation laboratory, ECG setup are the required resources in near future.

#### 7. The patient’s data from April 2021 to March 2022

- No. of students: 2229
- No. of Faculties and their dependents: 1050
- No. of non-teaching staff and their dependents: 1450
- No. of daily wages staff and their family members: 794
- Total patients handled: 5523

#### **Medical Services available at HCC–**

**Routine Acute Care** – Allergies, Minor injuries, Respiratory infections, Colds, Mononucleosis, Sore throats, Earache, Rashes, Sport injuries

**Primary Care for Medical Illnesses** – Acne, Anxiety, Depression, Migraine headache, Asthma, Diabetes, Panic attacks, Back pain, Eating disorders, Urinary tract infection, Coronary Artery Disease, Hypertension

#### **Gynecological exam, Counseling, Various Camps**

**Pharmacy:** Medicines are provided to the Health Centre dependents at free of cost from 9 am. to 6.30 pm. on all working days

**Ambulance:** The University has one functioning ambulances used for health care center emergency cases.